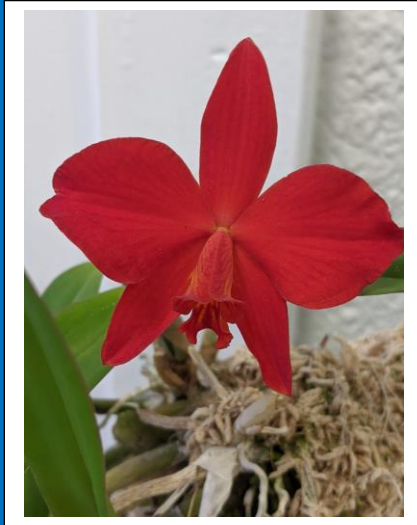


# CFOS Newsletter

A MONTHLY NEWSLETTER FROM THE CAPE FEAR ORCHID SOCIETY

## In This Issue



*Minutes*

*President's Message*

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*Officers*

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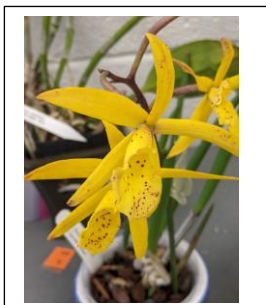
*Show Table*

*All About Raffles*

### JULY BRINGERS

The Society will provide the fixings for an Ice Cream Social. See article elsewhere for particulars.

All are asked to help clean up the area you were sitting in and see where else needs attention. Thanks.



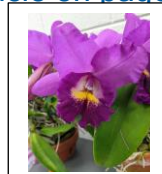
### NEXT MEETING

7:00 pm July 10

**THIS MONTH'S MEETING IS AT Lutheran Church of Reconciliation, 7500 Market St, Wilmington NC 28403**

6:30 Doors Open. Show Table set up.

7:00 Meeting Starts. Bring plants to swap or sell and socialize with members. **CASH or CHECK ONLY.** See article on page 5



### CLUB OFFICERS

President: John Wetherington

Vice President: open

Treasurer: Laura Overstreet

Secretary: Kat McGrath

AOS Rep: Jan Schwab

Member at Large: Nancy Wetherington

Past President: Pam Layne



# PRESIDENT'S MESSAGE

Branson,  
MO



As the hot weather persists, I'm re-learning which orchid are "cool to moderate" temperature plants, and which are "hot weather" plants. The former having been moved back inside, while the latter are loving life. Summer is definitely here with us! The good news is that means it's Ice Cream Social Time. All the toppings will be provided. Don't miss the next meeting at the Lutheran

Church....And bring orchids to sell, give away, or trade. It'll be a good time to unload duplicate plants and possibly pick up a new prospect.

Along with lots of ice cream will be a discussion of Triangle Orchid Society's annual show. CFOS has entered for the previous two years and made a pretty good show of it. To participate or just attend, get the details at our meeting July 10th.

**PAM (LAYNE) DID A GREAT JOB TAKING SHOW TABLE PICTURES AT JUNE'S MEETING AND CREATING A BEAUTIFUL ALBUM.**

**CLICK THE LINK BELOW (OR COPY AND PASTE) TO SEE THEM ALL.**

[HTTPS://PHOTOS.APP.GOO.GL/GTYM44SGQBKUKBFLA](https://photos.app.goo.gl/GTYM44SGQBKUKBFLA)

*From Pam: These are all the orchids on the Show Table for 6/12/24. If you start with the last one and work towards the first, going bottom to top, I tried to get an overview of the whole orchid then a close up and then the name tag. If I didn't have a name then I couldn't find one for the orchid. Paula Paye got first place for the Standard size with her Slc. Judy Smith x Frank Smith, and Jan Schwab got first place for the miniatures with Schoenorchis fragrans.*



## MINUTES June 12, 2024 MEETING

June 12, 2024, President John Wetherington called the meeting to order at the Arboretum at 7:00 PM

- I. Introduction
  - a. Welcome visitors. Welcome all. One new member Dottie Durso.
  - b. All please sign the Sign in Sheet so we can make sure we have name tags for all
- II. Minutes of last month's meeting
  - a. Distributed in the latest newsletter. ACCEPTED by acclimation.
- III. Treasurer's report - Laura Overstreet's numbers for the month were accepted as presented.
- IV. Old Business
  - a. Meeting place - The Arboretum has changed its policy on using their facility. Whereas in the past, we scheduled meeting dates up to 6 months in advance, now we must do it one month at a time. There may be conflicts. We're still trying to get a grip on the new process, so bear with us and pay attention to the meeting sites. Our alternate site will most likely be The Lutheran Church, 7500 Market Street.
- b. Next meeting will be July 10 at the Lutheran Church. Ice Cream Social, Plant Swap.
- V. New Business
  - a. Tonight: Speaker Kim Feddersen, Fair Orchids, Hillsborough, NJ. Kim has been growing orchids since 1968 - mostly paphs and vandas with Cat, Aussie Dendrobiums and Cymbidiums..
- VI. Show table -
  - a. Vote Early.
  - b. Remember now 2 categories, greenhouse and home grown.
- VII. Raffle Table - you can't win if you don't try.

Respectfully submitted,

Nancy Wetherington, Member at Large



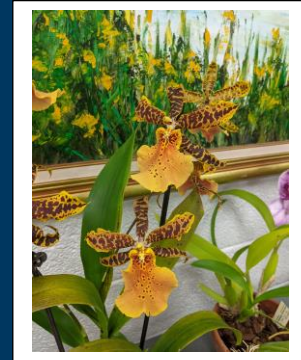
*City Hall, Savannah*

## UPCOMING MEETINGS

**July 10 - Lutheran Church  
of Reconciliation**

Aug 14 Lutheran Church  
of Reconciliation

Sep 11, Lutheran Church  
of Reconciliation



## FREE ORCHIDS MAGAZINE

[https://go.aos.org/freeissue201808?utm\\_source=free-issue&utm\\_medium=website&utm\\_term=august-2018&utm\\_campaign=join](https://go.aos.org/freeissue201808?utm_source=free-issue&utm_medium=website&utm_term=august-2018&utm_campaign=join)

Please note. Orchid photos this month were taken by Pam Layne and Jan Shwab. Flags are all from Kat's photo albums

## *All About Orchids: AOS checklist July*

<https://www.aos.org/orchid-care/seasonal-orchid-care/monthly-checklist-for-july-and-august>

## AOS WEBINARS

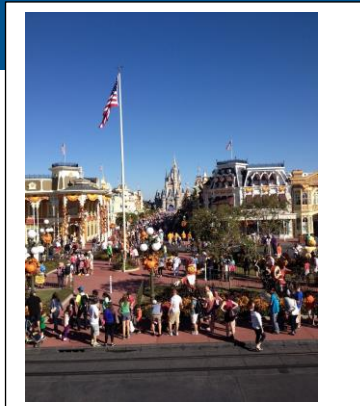
**Public** Tues July 9<sup>th</sup> 8:30-9:30 EDT Greenhouse Chat. Ron McHatton

**Public** **FREE OFFERING FROM MASTER GARDNER SERIES.** Tues July 16<sup>th</sup> 8:30 8:30 EDT, Repotting, Dividing and Mounting your Orchids - One of the Master Gardener Series. Jay Balchn

## RAFFLE TABLE RAMBLINGS

Happy Summer! **NO RAFFLE IN JULY.** But, besides ice cream, it is time to bring any orchids or supplies you might want to sell or trade, for something else. Sometimes you might have an orchid that is not doing well for you, or you have several of the same one, or maybe you just don't like it (heaven forbid) so now is the time to bring them and let someone else have a go at it. In the past there has been free succulent seedlings, orchid seedlings, tubers, etc, you get the idea. If you have a good item, try selling it!!

**CASH OR CHECK ONLY!!** Grow happy,  
Paula Paye



### CFOS COMMITTEE CHAIRMEN

Webmaster - Andrew Price  
 Newsletter Editor - Kat McGrath  
 Hospitality Chair - Nancy Wetherington  
 Big Blooming Orchid Day - Laura Overstreet  
 Program Chair - Pam Layne  
 Publicity Chair - open  
 Show Table Coordinator - Jane Ranney  
 Raffle Table - Paula Paye  
 Auditor - Martha Conner

### HOW TO REACH CFOS

President -

[president.cfosorchidsnc@gmail.com](mailto:president.cfosorchidsnc@gmail.com)

Newsletter and Society Officers:

[cfosorchidsnc@gmail.com](mailto:cfosorchidsnc@gmail.com)

Web Page:

[capefearorchid.org](http://capefearorchid.org)

Facebook:

<https://www.facebook.com/profile.php?id=100064852324283>

### INTERESTING TO KNOW ABOUT

<https://marketplace.aos.org/>

## ***JULY PROGRAM NOTES***

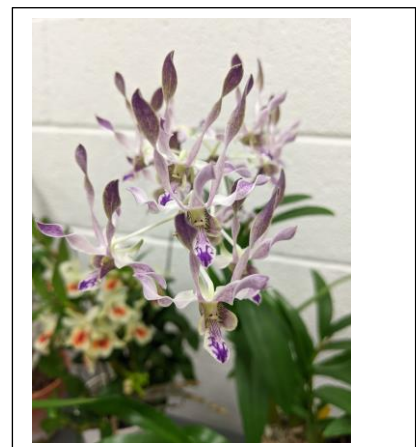
FROM PAM LAYNE

It's Summertime, time to enjoy ice cream, orchids and friendships. Our next meeting will be July 10<sup>th</sup> and will be held at the Lutheran Church of Reconciliation, 7500 Market St, Wilmington. We will be holding our ice cream social where there will be different toppings to put with your ice cream: brownies, bananas, fruits, nuts, cherries, hot fudge, caramel, coconut and whipped cream...can you think of anything else you would like with it, please let me know! We will be having our Show Table so be sure to bring your blooming orchids for judging. 910/620-9349.



## **ORCHID HUMOR**

When you go to the store for things that aren't plants but you see plants over there





Raptor Center, Alaska

**NOTES FROM  
AOS REP  
JAN SCHWAB**

## **HEAT STRESS**

*Reprinted from the SEPTEMBER 2003 issue of OrRchids -- The Bulletin of the American Orchid Society.*

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**Like people, orchids, especially those that prefer cooler, shadier environments, can suffer from heat stress during the hot summer months. The midday sun is intense, especially during the summer, and the high temperatures that bright sunshine brings can burn your orchids quickly, especially the more sensitive types such as phalaenopsis, pleurothallids, paphiopedilums and miltonias.**

### **Prevention**

Your orchids need lots of attention during the summer months, especially on hot days. With higher temperatures, orchids require more frequent watering to prevent dehydration. High temperatures quickly dry out mounted orchids, those in baskets and even potted plants.

Maintaining the balance between keeping orchids sufficiently hydrated and overwatering can be a challenge. A simple rule of thumb is that an orchid's need for water increases and decreases with the ambient temperature, so water thoroughly and more frequently during higher temperatures. Most mounted plants and those in baskets, especially vandaceous orchids and other genera grown with little or no media, will benefit from daily watering in warmer weather.

In addition, keep humidity high and air movement continuous, as both of these factors help plants keep their cool Treatment..Once an orchid has suffered the effects of heat stress, it may take a long time to rebound. Apply fertilizers sparingly, using a weak solution, and flush the growing medium with clean water between applications of fertilizer, as the salts in fertilizers are difficult for dehydrated plants to assimilate, and a regular dose may further burn the plant. Be especially alert for pests on distressed orchids - insects and viruses are more likely to attack weakened plants.

### **Treatment**

Once an orchid has suffered the effects of heat stress, it may take a long time to rebound. Apply fertilizers sparingly, using a weak solution, and flush the



growing medium with clean water between applications of fertilizer, as the salts in fertilizers are difficult for dehydrated plants to assimilate, and a regular dose may further burn the plant. Be especially alert for pests on distressed orchids - insects and viruses are more likely to attack weakened plants. The benefits from misting orchids during hot weather do not have much sustained effect, so unless one has a misting system in place to maintain that added humidity throughout the day, it is probably not useful to your plants. When watering or misting, always be certain that plants have ample time to dry before night falls, so as to discourage bacterial and fungal growth. When moving orchids outside for the season, start them out in a shaded spot and gradually increase their exposure to sunlight to acclimate them to the higher outdoor light levels. Make sure to protect them from the strongest sunlight as midday summer sun has more intense UV rays that can burn tender plants. Check the amount of exposure your plants receive at different times during the day as the sun moves, and throughout the year as the earth's orbit around the sun makes its gradual seasonal changes, which in turn changes the angle of the exposure your plants receive.

For greenhouse growers, consider using shade cloth for added protection during the summer months. Windowsill growers may want to add a sheer curtain during the summertime to keep sunlight reflected by the window glass from

causing sunburn. Finally, always have someone care for your orchids while you are away on summer vacation.

### **Signs of Heat Stress**

These symptoms may appear singly, even in otherwise fairly healthy orchids. When they appear in combination, however, it is usually an indication of heat stress or an underlying problem (such as root loss) that has led to heat stress.

### **Yellowing of Plants and Leaves**

Too much light causes a plant's chlorophyll to deteriorate, which can turn your orchid an anemic yellowgreen, and eventually cause premature loss of leaves. Most healthy orchids receiving appropriate light levels will be a robust light green.

### **Leaves**

The culprit, especially in summer weather, can be overheating. If your plant's leaves feel warm to the touch, they could be getting too much light, and need increased air circulation and shading, or a move to a more protected area.

### **Sunburn**

Initial signs of sunburn, as in humans, appear as a reddish-purple tint or freckles on leaves and pseudobulbs. In advanced stages, leaf tips and roots may brown, flowers drop, buds blast or flower spikes fail altogether.

### **Shriveled Pseudobulbs**

Your orchid's pseudobulbs serve as its water-storage organs, so shriveled pseudobulbs indicate a dehydrated orchid - it is in a



stressed state, having used up its moisture reserves.

### Leathery Leaves

This goes beyond mere wilting, and occurs in the advanced stages of heat stress, indicating severe desiccation and possible damage on the cellular level.

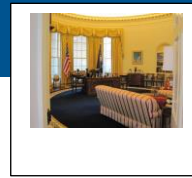
Depending on how long the condition has persisted,

the type of orchid and its overall health aside from the leaf damage, it may or may not recover once its leaves are parch.

## CFOS SHOW TABLE POINTS June 2024

### COMPILED BY JANE RANNEY

Member	Previous	June	Total
Laura Elliott	51		51
Dawn Hoback	8		8
Ibasco/ Googe		28	28
Polly Kopka	15		15
Jim Lanier	28	5	33
Pam Layne	83	10	93
Kat McGrath	20		20
Brandy Morris	38	23	61
David Nunamacher	10		10
Laura Overstreet	46		46
Paula Paye	73	10	83
Joyce Pennock	34	16	50
Byron Price		5	5
Jan Schwab	33	23	56
Steve & Karen Tobiassen	10		10
Nancy Weatherington	36		36
Karen Zopf	23	5	28



## CFOS Show Table Winners June 2024

**Compiled by Jane Ranney**

### Show Table - Standard Size Plants (over 10 inches tall or wide)

	<u>Plant</u>	<u>Owner</u>
<b><u>Standard Size Best in Show Table</u></b>		
First	Cat 2	unclaimed
Second	Phal N.O.I.D.	Ibasco & Googe
<b><u>Class Winners - Standard Size Cattilea/L/Br/Soph Alliance</u></b>		
First	Cat 2	Unclaimed
Second	Cat 3	Unclaimed
Dendrobium		
First	Frosty Dawn	Brandy Morris
Second	Den yellow with purple	Joyce Pennock
Encyclia/Epidendrum/Maxillaria		
First	Epi Mabel Kanda 'M1tao' x Epi Randianum	Joyce Pennock
Second	Maxillaria Tenuri	Joyce Pennock
Miltonia Alliance		
First	Oip Onalicious 'Vivid'	Brandy Morris
Oncidium/Odot/Brassia		
First tie	Onc. Space Race 'Coco'	Paula Paye
First tie	Onc. Space Race 'Coco'	Pamela Layne
Phalaenopsis		
First	Phal N.O.I.D.	Ibasco & Googe
Unusual/Rare		
First	Schomburkia Splendida 'Keply'	Brandy Morris
Vanda/ Asco/Aerides Alliance		
First	Vanda	unknown
Second	Vanda N.O.I.D.	Jan Schwab
Zygopetalum		
First	Zygonisia Cynasure 'Blue Birds'	Ibasco & Googe
Miniatures		
First	Schoenolchis	Jan Schwab
Second	Honeara Lava Burst Puanani AM/ACS	Ibasco & Googe
Neofinitia		
First	Neo 4	unclaimed
Second	Lilac Blossom 'Blue Sapphire' rhynchovania	Brandy Morris
All Other rare Minis		
First	Schoenolchis fragrans	Jan Schwab
Second	Honeara Lava Burst Puanani AM/ACS	Ibasco & Googe

# TRIANGLE ORCHID SOCIETY

## FALL FOR ORCHIDS JUDGED SHOW

Triangle Orchid Society will be having their *"Fall for Orchids"* Judged Show and Sale, September 13-15, at the JC Raulston Arboretum in Raleigh, their flyer and info below. Last year CFOS won the *"People's Choice"* award with their table, *"Orchids Aren't Scary,"* and this year we will be competing again to WIN!

Paula Paye, Jon Ibasco, and Tyler Googe did an excellent job last year and will be heading up our group again this year. At the July Ice Cream Social meeting Paula will be doing a brief overview of the Show and how we can all participate and help. Come prepared to join in, have some fun, and learn something about the *Fall for Orchids* show.



2023 CFOS ENTRY



### FROM TRIANGLE ORCHID SOCIETY:

Hello Everyone!

I hope your societies will be able to join the Triangle Orchid Society for the 2024 Fall for Orchids show at the JC Raulston Arboretum in Raleigh, NC! We had a good turnout last year, with over 1100 people coming through the show, so we hope to have as many sister societies as possible participate again this year.

Necessary Details:

**Public Hours:** Friday 1pm - 6pm, Saturday 10am - 6pm; Sunday 10am - 3pm

**Show Setup:** Thursday, September 12, 10am -> 6pm

**AOS Judging:** Friday, September 13, 9am - 12pm

**Show Takedown:** Sunday, September 15, 3pm

**Display Options:** 2' x 5' Small Table. 4' x 5' Regular Table, 5' x 5' (+) Floor Display

**Facebook Event:** <https://www.facebook.com/events/1782599418912234>

